

The Flower of Health

Nourish Today for a Brighter Tomorrow

Beauty
&
Art

Brighten Life
Every Day



Kindness
Helps
Us Bloom



Nutrition
Hydration
Oxygen

Emotional
• POSITIVE
ATTITUDE •
Mental Health Financial

No Toxins
or Stress

Exercise

Personal &
Environmental
Hygiene

Reliable Transportation

Medical &
Dental
Healthcare

Community
Resources



Always Be
Grateful.
Open Minded
And
Seek Truth.



Healthy People
Brighter Tomorrows