LIVE VOLUME 12, ISSUE 2 BETTER, TABLE OF Longer! **CONTENTS** Message from the Administrator Fountain of Youth Clubhouse Menu **Activities Calendar Employee Recognition** Bee Weller's Buzz on Health A Message From the Administrator As we move through the last whispers of winter and anticipate the coming spring, it's a perfect opportunity to appreciate the connections we've built and look forward to the future. This month also brings Valentine's Day, a reminder of the importance of showing love and appreciation. To our team, thank you for your dedication, hard work, and the positive energy you bring each day. Your contributions are invaluable. And to our clients, thank you for your trust and partnership. We value your business and are committed to your success. We believe that strong relationships, built on mutual respect and understanding, are the foundation of any thriving endeavor. Just as spring follows winter, growth follows effort. Let's use this month to nurture our relationships, both internally and externally, and plant the seeds for future achievements. Together, we can blossom and achieve great things. Wishing you all a happy and productive February! Aging With Grace Your Best Independent Life Club



THE FOUNTAIN OF YOUTH CLUB HOUSE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Muffin, Fruit
Critchfields
Fish Basket, Cole Slaw,
Fries

Cereal, Fruit

Good Food's Co-Op Entree, Vegetable, Fruit 5 Oatmeal, Fruit

Subway 6 Inch sub, Fruit, Chips 6 Muffin, Fruit Dad's

Potato Soup and Rachel Chicken Sandwich, fruit Muffin, Fruit

<u>Fazolis</u> Pasta Entree, Vegetable, Fruit

Flavored Grits, Fruit

Tazikis

Grilled Chicken Salad,
Pita Chips

11 Cereal, Fruit

Good Foods Coop Entree, Vegetable, Fruit 12 Oatmeal, Fruit

South of Wrigley Frankfurter, bun sauer kraut, Fruit Cereal Bar, Fruit
City Barbeque

Pu<u>lled Po</u>rk Sandwich, Green Beans, Fruit $14_{\text{ Granola Bar, Fruit}}$

Moe's Grill Steak, Veggies, Rice Bean Bowl

17

Muffin, Fruit

Good Food's Co-Op Entree, Vegetable, Fruit 18

Oatmeal, Fruit

Chic-Fil-A Chicken Nuggets, Mac & Cheese, Fruit 19_{Fla}

Flavored Grits, Fruit Crit<u>chfields Beef</u> Pot Roast, Mashed Potatoes,Salad 20

Granola Bar, Fruit

W<u>ong Wong's</u> Chicken Stir Fry, Egg Roll 21

Cereal, Fruit

Wendy's Chili, Baked Potato, Fruit

24

Muffin, Fruit

Waffle House Eggs, Bacon, Waffle Fruit 25 _F

Flavored Grits, Fruit
City Barbecue
Turkey
Sandwich, Potato
Salad, fruit

26 Oatmeal, Fruit

<u>Gyroz Eatery</u> <u>Chicken Kabob,</u> <u>Salad, Rice, Hummus</u> 27

Cereal Bar, Fruit <u>Critchfields</u>

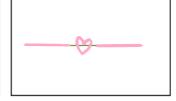
Meat Loaf,Mashed Potatoes,Green Beans 28

Muffin, Fruit

Marrika's Pork Roast, Potato dumplings, cabbage











ALL MEALS ARE SERVED WITH 80Z OF WATER, YOUR CHOICE OF MILK, HOT OR COLD TEA AND COFFEE!



COME DINE, LAUGH AND SOCIALIZE WITH US AT THE FOUNTAIN OF YOUTH **CLUB HOUSE**



EXTREME WEATHE Please check local TV for delayed openings under BUSINESSES.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	1	2
Travel Club Improve Energy Health Club Basketball	4 Natural Resource Club Improve Strength Book Club Kickball	5 On a Mission Club Improve Mobility Craft Club Balloon Volleyball	Art Club Improve Strength Gardening Club Mind/Body Games	7 Self Love Club Improve Balance Game Club Corn Hole	8 WEEKEI	
Travel Club Improve Energy Health Club Basketball	11 Natural Resource Club Improve Strength Book Club Kickball	On a Mission Club Improve Mobility Craft Club Balloon Volleyball	Art Club Improve Strength Gardening Club Mind/Body Games	Self Love Club Improve Balance Game Club Corn Hole	15 ONL	ITMENT
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ecognition

Our Core Values:

Continuous Improvement

A ppreciation & Gratitude

R eciprocity & Respect

xceptional Integrity

OUTSTANDING EMPLOYEES WHO HAVE TRULY EMBODIED **OUR CORE VALUES THIS MONTH**

Maria Garcia Allanda Stevens Ashley Butler Renee Furnish Martha McCann Tammy Beltz Holly Heighton Kathy Fair Deborah Stroud Racheal Baker Ashley warren Carol Jones Miranda Feeback Jennifer Freeman Sasa Abel Daryl Rice Melinda Grisby Joquetta Parrish Kathy Cromer

Jerricka Jackmon Annika Blethen Sarah Brown Kaitlyn Workman Hannah Wilburn Racheal Couch Renasul Robinson Ayries Manuel Stephanie Gonzalez **Avery Bast Emilee Dykes** Amanda Hisle Joshua Wise Terricka Jackmon Amy Erb Sarah Steele Asaad Alsaferi Oleksandra Vaschuk Penny Ware Kimberly Gallagher

Our Mission:

To Improve your Health and Quality of Life!



MONTH'S CARE REWARD!



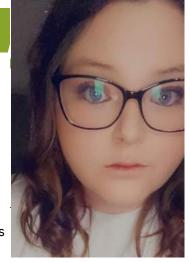
Jerricka Jockman

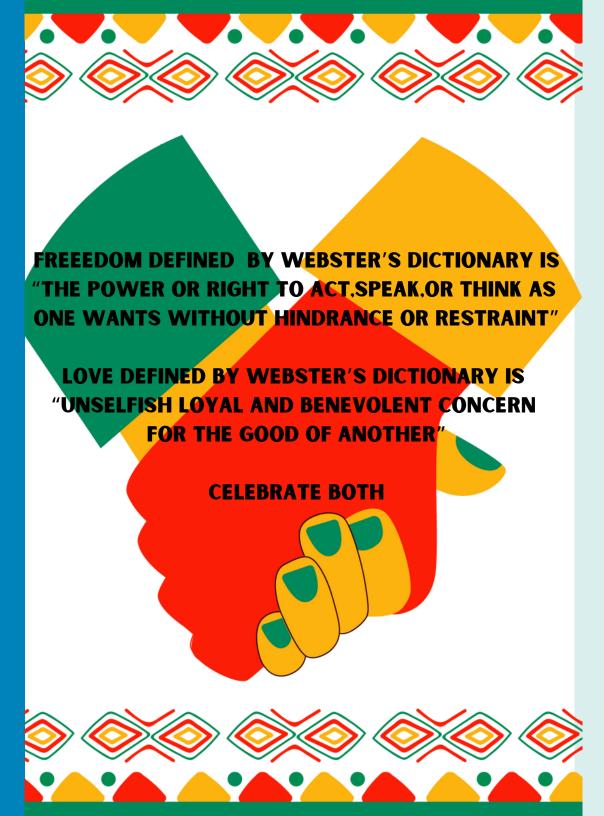
1. What's your favorite food/meal? Steak and red potatoes

- 2. If you could go anywhere, where would you go for vacation? Jamaica
- 3 Share a fun fact, something most people wouldn't know about you. I like to put on a full concert when I'm home alone.
- 4. How long have you been working for Aging with Grace? 6 Months
- 5. What do you like best about your job? I've always been a loving and caring person and I just love that I have a job where I can share that. I like AWG is able to problem solve.
- 6. What do you like to do in your spare time? Hang out with my sisters and our babies.

Amanda Hisle

- 1. What is your favorite food? Mexican
- 2. What do you like to do in your free time? Spend time with my 3 children.
- 3. If you could go anywhere, where would you go for vacation? Dominican Republic.
- 4.. Share a fun fact that most people would not know. I attended cosmetology school.
- 5. How long have you been working for Aging with Grace? 2 years in February.
- 6. What do you like best about your job? I get to help people... it's a passion of mine. I love being able to have a flexible schedule and great managers!







CONTACT US

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VISIT US

The Fountain of Youth Clubhouse

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SCHEDULE YOUR TOUR TODAY!