

TABLE OF CONTENTS

- Message from the Administrator
- Fountain of Youth Clubhouse Menu
- Activities Calendar
- Employee Recognition
- Bee Weller's Buzz on Health

LIVE
BETTER,
Longer!

A Message From the Administrator

As we move through the last whispers of winter and anticipate the coming spring, it's a perfect opportunity to appreciate the connections we've built and look forward to the future.


This month also brings Valentine's Day, a reminder of the importance of showing love and appreciation. To our team, thank you for your dedication, hard work, and the positive energy you bring each day. Your contributions are invaluable. And to our clients, thank you for your trust and partnership. We value your business and are committed to your success. We believe that strong relationships, built on mutual respect and understanding, are the foundation of any thriving endeavor. Just as spring follows winter, growth follows effort. Let's use this month to nurture our relationships, both internally and externally, and plant the seeds for future achievements. Together, we can blossom and achieve great things.

Wishing you all a happy and productive February!



Aging With Grace

Your Best Independent Life Club



BREAKFAST
10 AM

COME DINE, LAUGH AND SOCIALIZE WITH US AT
THE FOUNTAIN OF YOUTH CLUB HOUSE



LUNCH
1 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Muffin, Fruit <u>Critchfields</u> Fish Basket, Cole Slaw, Fries</p>	<p>4 Cereal, Fruit <u>Good Food's Co-Op</u> Entree, Vegetable, Fruit</p>	<p>5 Oatmeal, Fruit Subway 6 Inch sub, Fruit, Chips</p>	<p>6 Muffin, Fruit Dad's Potato Soup and Rachel Chicken Sandwich, fruit</p>	<p>7 Muffin, Fruit <u>Fazolis</u> Pastà Entree, Vegetable, Fruit</p>
<p>10 Flavored Grits, Fruit <u>Tazikis</u> Grilled Chicken Salad, Pita Chips</p>	<p>11 Cereal, Fruit <u>Good Foods Coop</u> Entree, Vegetable, Fruit</p>	<p>12 Oatmeal, Fruit <u>South-of-Wrigley</u> Frankfurter, bun sauer kraut, Fruit</p>	<p>13 Cereal Bar, Fruit <u>City Barbeque</u> Pulled Pork Sandwich, Green Beans, Fruit</p>	<p>14 Granola Bar, Fruit Moe's Grill Steak, Veggies, Rice Bean Bowl</p>
<p>17 Muffin, Fruit <u>Good Food's Co-Op</u> Entree, Vegetable, Fruit</p>	<p>18 Oatmeal, Fruit <u>Chic-Fil-A</u> Chicken Nuggets, Mac & Cheese, Fruit</p>	<p>19 Flavored Grits, Fruit <u>Critchfields Beef Pot</u> Roast, Mashed Potatoes, Salad</p>	<p>20 Granola Bar, Fruit <u>Wong Wong's</u> Chicken Stir Fry, Egg Roll</p>	<p>21 Cereal, Fruit Wendy's Chili, Baked Potato, Fruit</p>
<p>24 Muffin, Fruit Waffle House Eggs, Bacon, Waffle Fruit</p>	<p>25 Flavored Grits, Fruit <u>City Barbecue</u> Turkey Sandwich, Potato Salad, fruit</p>	<p>26 Oatmeal, Fruit <u>Gyroz Eatery</u> Chicken Kabob, Salad, Rice, Hummus</p>	<p>27 Cereal Bar, Fruit <u>Critchfields</u> Meat Loaf, Mashed Potatoes, Green Beans</p>	<p>28 Muffin, Fruit Marrika's Pork Roast, Potato dumplings, cabbage</p>
				

ALL MEALS ARE SERVED WITH 8OZ OF WATER, YOUR CHOICE OF MILK, HOT OR COLD TEA AND COFFEE!



CLUB HOUSE HOURS

Monday - Friday | 10am - 4pm

\$82/day or \$16/hour

COME DINE, LAUGH AND SOCIALIZE WITH US AT THE FOUNTAIN OF YOUTH CLUB HOUSE



EXTREME WEATHER
Please check local TV for delayed
openings under **BUSINESSES**.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	1	2
3 Travel Club Improve Energy Health Club Basketball	4 Natural Resource Club Improve Strength Book Club Kickball	5 On a Mission Club Improve Mobility Craft Club Balloon Volleyball	6 Art Club Improve Strength Gardening Club Mind/Body Games	7 Self Love Club Improve Balance Game Club Corn Hole	8	9
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17 Travel Club Improve Energy Health Club Basketball	18 Natural Resource Club Improve Strength Book Club Kickball	19 On a Mission Club Improve Mobility Craft Club Balloon Volleyball	20 Art Club Improve Strength Gardening Club Mind/Body Games	21 Self Love Club Improve Balance Game Club Corn Hole	22	
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WEEKENDS BY
APPOINTMENT
ONLY

Employee Recognition

Our Core Values:

Continuous Improvement

Appreciation & Gratitude

Reciprocity & Respect

Exceptional Integrity

OUTSTANDING EMPLOYEES WHO HAVE TRULY EMBODIED OUR CORE VALUES THIS MONTH

Maria Garcia	Jerricka Jackmon
Allanda Stevens	Annika Blethen
Ashley Butler	Sarah Brown
Renee Furnish	Kaitlyn Workman
Martha McCann	Hannah Wilburn
Tammy Beltz	Racheal Couch
Holly Heighton	Renasul Robinson
Kathy Fair	Ayries Manuel
Deborah Stroud	Stephanie Gonzalez
Racheal Baker	Avery Bast
Ashley warren	Emilee Dykes
Carol Jones	Amanda Hisle
Miranda Feeback	Joshua Wise
Jennifer Freeman	Terricka Jackmon
Sasa Abel	Amy Erb
Daryl Rice	Sarah Steele
Melinda Grisby	Asaad Alsaferi
Joquetta Parrish	Oleksandra Vaschuk
Kathy Cromer	Penny Ware
	Kimberly Gallagher

Our Mission:

To Improve your Health and Quality of Life!



Congratulations!

TO THE WINNERS OF THIS
MONTH'S CARE REWARD!

Jerricka Jockman

1. What's your favorite food/meal?
Steak and red potatoes
2. If you could go anywhere, where would you go for vacation? Jamaica
- 3 Share a fun fact, something most people wouldn't know about you. I like to put on a full concert when I'm home alone.
4. How long have you been working for Aging with Grace? 6 Months
5. What do you like best about your job? I've always been a loving and caring person and I just love that I have a job where I can share that. I like AWG is able to problem solve.
6. What do you like to do in your spare time? Hang out with my sisters and our babies.

Amanda Hisle

1. What is your favorite food? Mexican
2. What do you like to do in your free time? Spend time with my 3 children.
3. If you could go anywhere, where would you go for vacation ?
Dominican Republic .
- 4.. Share a fun fact that most people would not know.
I attended cosmetology school.
5. How long have you been working for Aging with Grace?
2 years in February.
6. What do you like best about your job? I get to help people... it's a passion of mine. I love being able to have a flexible schedule and great managers!





**FREEDOM DEFINED BY WEBSTER'S DICTIONARY IS
"THE POWER OR RIGHT TO ACT, SPEAK, OR THINK AS
ONE WANTS WITHOUT HINDRANCE OR RESTRAINT"**

**LOVE DEFINED BY WEBSTER'S DICTIONARY IS
"UNSELFISH LOYAL AND BENEVOLENT CONCERN
FOR THE GOOD OF ANOTHER"**

CELEBRATE BOTH



Aging With Grace

Your Best Independent Life Club

CONTACT US

859 539 2147

VISIT US

The Fountain of Youth Clubhouse

743 B Allendale Dr, Lexington, KY 40503

www.agingwithgraceinfo.org

SCHEDULE YOUR TOUR TODAY!