

Aging With Grace



A message from the Administrator

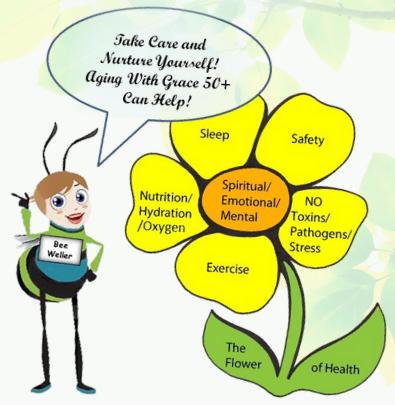
May is the month for flowers! Think of the Aging With Grace company as a flower with four stems... four branches. The AT HOME HEALTH & HELP stem/branch has two flowers on it. One is the Home and Community Based Waiver Attendant Care services. The other flower is private pay and long-term care insurance and Veterans benefits.

Another stem/branch has the FOUNTAIN of YOUTH CLUBHOUSE flower. The FOUNTAIN of YOUTH CLUBHOUSE can be paid for with the HCB waiver, private pay, Long-term care insurance, and Veterans benefits. The third branch has two flowers: INDEPENDENCE CONSULTATIONS for private pay, and CASE MANAGEMENT for Medicaid HCB Waiver. The fourth stem has one flower: HOME IMPROVEMENT which can be paid for with the HCB waiver up to \$3020 a year or with private pay. The Aging With Grace company flower is growing and flourishing, thanks to your help!

LIVE BETTER, LONGER

Table of Contents

- 1- Message from the Administrator
- 2- Fountain of Youth Clubhouse Food Menu
- 3- Fountain of Youth Clubhouse Activities Calendar
- 4- Employee Recognition
- 5- Monthly Mental & Physical Health Challenge
- 6- Upcoming Events





Come dine, laugh and socialize with us at The Fountain of Youth Clubhouse



Breakfast and Lunch menu

Breakfast- 10am Lunch-1pm

Special Dietary needs are met!

All meals are served with 8oz of water, your choice of milk, hot or cold tea and coffee!

MON TUE		WED	THU	FRI	
Check out the sch and Clubs The Fountain of		1 Oatmeal, Fruit <u>Wendy's</u> Chili, Baked Potato	2 Cereal, Fruit Subway Turkey Sub, Fruit, Chips	Flavored Grits, Fruit Critchfield's Beef Pot Roast, Mashed Potatoes, Green Beans	
Muffins, Fruit Moe's Grill Chicken, Veggles, Rice, Bean Bowl	7 Cheese Stick, Fruit Jet's Pizza, Tossed Salad	8 Oatmeal, Fruit <u>Critchfield's</u> Chicken Tenders, Mashed Potatoes, Green Beans	Muffin, Fruit cup Wang Wang's Roast Pork with Chinese Vegetables	Cereal Bar, Fruit Frisch's White Fish Dinner Sweet Potato Fries Cole Slaw	
Waffle, Fruit cup Tzatziki's Grilled Chicken Platter, Greek Salad, Pita Chips	Boiled Egg, Fruit <u>Subway</u> Ham Sub, Fruit, Chips	Oatmeal, Fruit <u>Wendy's</u> Hamburger, Fries, Fruit	Cereal, Fruit Moe's Grill Steak, Veggies, Rice and Bean Bowl	Flavored Grits, Fruit City Barbecue Turkey Sandwich, Potato Salad 24 Waffle, Fruit Good Food's Co-Op Entree, Vegetable, Fruit	
Muffin, Fruit Frisch's Chicken Breast Meal, Macaroni & Cheese, Baked Apples	21 Cheese Stick, Fruit <u>Chic-fil-A</u> Chicken Nuggets, Mac & Cheese, Fruit	Cereal Bar, Fruit Critchfield's Beef Pot Roast, Mashed Potatoes, Green Beans	Oatmeal, Fruit City Barbecue Pulled pork Sandwich, Corn Pudding		
27 Muffin, Fruit	28 Oatmeal, Fruit	29 Cereal, Fruit	Waffle, Fruit	31 Boiled Egg, Fruit	

Subway

Turkey Sub, Fruit,

Chips

Tzatziki's

Grilled Chicken

Platter, Greek Salad,

Pita Chips

Wang Wang's

Chicken Fried Rice,

Egg Roll

Frisch's **Good Food's Co-Op**

Entree, Vegetable,

Fruit

White Fish Dinner

Sweet Potato Fries

Cole Slaw



Activities Calendar

The Clubhouse is **OPEN**: Monday- Friday 10am-4pm \$73 per day or \$16 per hour

Now open on evenings and weekends for Event rental!

Call now to reserve your date!

During extreme weather please check local TV station WKYT for delayed openings under BUSINESSES

Come dine, laugh and socialize with us at

The Fountain of Youth Clubhouse







se	MON	TUE	WED	THU	FRI	SAT	SUN
21/			1	2	3	4	5
ЭУ			On a Mission Club Improve Mobility Craft Club Balloon Volleyball	Art Club Improve Strength Gardening Club Mind/ Body Games	Self Love Club Improve Balance Game Club Corn Hole	Weekends by	Appointment .
r	6	7	8	9	10	11	12
n d	Travel Club Improve Energy Health Club Basketball	Natural Resources Club Improve Strength Book Club Cards	On a Mission Club Improve Mobility Craft Club Balloon Volleyball	Art Club Improve Strength Gardening Club Mind/ Body Games	Self Love Club Improve Balance Game Club Corn Hole		*
r	13	14	15	16	17	18 Senior	19
!) Ir	Travel Club Improve Energy Health Club Basketball	Natural Resources Club Improve Strength Book Club Cards	On a Mission Club Improve Mobility Craft Club Balloon Volleyball	Art Club Improve Strength Gardening Club Mind/ Body Games	Self Love Club Improve Balance Game Club Corn Hole	Prom 6-8 PM	
	20	21	22 Lunch and Learn Afford & Neora	23	24	25	26
ne se	Travel Club Improve Energy Health Club Basketball	Natural Resources Club Improve Strength Book Club Cards	On a Mission Club Improve Mobility Craft Club Balloon Volleyball	Art Club Improve Strength Gardening Club Mind/ Body Games	Self Love Club Improve Balance Game Club Corn Hole		
′	27	28	29	30	31		
er	Travel Club Improve Energy Health Club Basketball	Natural Resources Club Improve Strength Book Club Cards	On a Mission Club Improve Mobility Craft Club Balloon Volleyball	Art Club Improve Strength Gardening Club Mind/ Body Games	Self Love Club Improve Balance Game Club Corn Hole		





of Life!

<u>To our Employees</u>

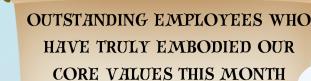
Thank you for

living our values!

Our Mission:

TO THE WINNERS OF THIS **MONTH'S CARE REWARD!**

Holly Heighton **Annie Smith** &



Annika Blethen Rita Durham Devante Frazier Linda Roberts Lori Walker Ashley Warren Amanda Hisle Sharon Jennings Annie Smith James Smith Sandra Marshall Martha McCann Asaad Alshaferi Norkeysha Lewis **Avery Bast**

Destiny Brown Kayla Poole Juan Rodriguez Holly Heighton Oleksandra Vaschuk Allanda Stevens Joquetta Parish Jennifer Ashcraft Kathy Fair Miranda Feeback Marsha Ford Terricka Jackmon Cheyanne Lopez

Our Core Values:

Continuous Improvement

Appreciation and Gratitude

Reciprocity and Respect

Exceptional Integrity

We CARE!



30 Day Kindness Challenge

Find the phrase hidden inside the image



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5:00 PM

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LIVE BETTER, LONGER



Your Best Independent Life Club

Contact us

859-539-2147

Visit us

The Fountain of Youth Clubhouse

743 B Allendale Dr, Lexington, KY 40503

or online

www.agingwithgraceinfo.org

Schedule your tour TODAY!

89% of relationships improve if you pick a person with whom you want a better relationship; then for 30 days:



Say nothing negative about that person – either to them or about them to anyone else.



Each day find one positive thing you can praise or affirm about that person and tell them and tell someone else.



Each day, do one small act of kindness or generosity for them.



Presents
The Senior Prom

Dancing for Parkinson's

Join us for Dancing, Refreshments, and a Great Cause!

No charge, donations encouraged



Matt Gerwin and Jump the Curb

Saturday May 18th, 2024 6-8pm

743 Allendale Drive Lexington, Ky 40503

RSVP: 859-407-8229 advocate@agingwithgraceinfo.org