

## Club Meetings and Improving by Moving Times

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat./Sun.
<b>Mornings 9:15 to 11:45</b>	<b>9:15 Natural Resources Club</b>  <b>10:30 Dance Party for Endurance</b>	<b>9:15 On a Mission Club</b>  <b>10:30 Sunshine with Light Weights for Building Strength</b>	<b>9:15 UK Fan Club</b>  <b>10:30 Stretching for Mobility</b>	<b>9:15 Art Club</b>  <b>10:30 Sunshine with Light Weights for Building Strength</b>	<b>9:15 Showing Our Love of Veterans Everyday (SOLVE) Club</b>  <b>10:30 Balance Training</b>	<b>9:15 Card Player's Club</b>  <b>10:30 Stretching for Mobility</b>
<b>Afternoons 1:00 to 3:00</b>	<b>1:00 Glee Club</b>  <b>2:00 Basketball</b>	<b>1:00 Supporting Our Military Everyday (SOME) Club</b>  <b>2:00 Kickball</b>	<b>1:00 Book Club</b>  <b>2:00 Balloon Volleyball</b>	<b>1:00 Hunting and Fishing Club</b>  <b>2:00 Hokey Pokey and other Mind/Body Coordination Exercises</b>	<b>1:00 Gardening Club</b>  <b>2:00 Corn Hole</b>	<b>1:00 Bingo Club</b>  <b>2:00 Member's Choice</b>